

New Moon In Aries



THE TOP 5 QUESTIONS TO ASK YOURSELF UNDER THE ARIES NEW MOON

1. What action can I take to manifest my goals and dreams?

Dreamtime is over. Aries marks the start of the New Moon cycle. Now is the time for action on all those dreams we held within over the winter months, and which we felt stir in early spring. Now they want to shoot in life, so action is required!

2. Create an action plan

Our goals are simply dreams without an action plan. Sit down and work out what you need to do, in what order and when to get you to your end results! Some of these actions will be long term, others short term. Make a plan and stick to it!

Ask yourself: what new beginnings can I take action on?

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3. Am I being playful and fun enough?

Be curious. Take time exploring all the things you're excited about. Don't feel like you need to commit to anything. Giving yourself time for playful exploration will help you see what ideas excite you deeply enough to commit the time & energy required to bring these things to harvest.

4. Do you need more courage?

Action often requires us to be courageous. So many times we cannot yet see the end result, so we have to stake steps in faith. Where can you be bolder and braver in your actions? What can you do to create that bravery?

5. Focus on yourself and your physical needs.

After months of introspection, it's time to move that body, spice up your wardrobe. Reconnect to your body with loving kindness
